



Happy Feet Nursery Food Menu Week 1



2 Course Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Baked Potato served with grated cheese, cold meat & beans	Fresh Homemade Tomato soup served with wholemeal bread	Breast of Chicken curry served with boiled rice	Pasta Bolognese served with mixed garden vegetables	Fish Cakes served with spaghetti and wholemeal bread
Fresh Water	Fresh Water	Fresh Water	Fresh Water	Fresh Water
Selection of flavoured Yoghurt	Warm Homemade Fruit Cake	Warm Custard served with fresh fruit	Orange Jelly	Strawberry Delight

Afternoon Snack

Monday	Tuesday	Wednesday	Thursday	Friday
Rice cakes and spread served with sultanas and apple	Selection of flavoured yoghurts served with Banana	Crackers with sliced cheese and grapes	Warm homemade scones with butter and jam served with fruit	Wholemeal wraps with a variety of fillings served with fresh fruit
Water, Juice or Milk	Water, Juice or Milk	Water, Juice or Milk	Water, Juice or Milk	Water, Juice or Milk

Breakfast Selection

A selection of different cereals such as Weetabix, Cornflakes and Rice Krispies. Served with milk or water

Morning Snack Selection

Varied throughout the week of a choice of White or Wholemeal bread toasted, Served with a variety of toppings and a selection of seasonal fruits. Served with milk or water

Homemade Fruit Cake Selection

Blueberry
Lemon Drizzle
Apple & Banana
Berry

Fillings for Wraps

Cold Ham
Cold Chicken
Pork Luncheon
Grated Cheese

Vegetarian Options available on request