



Happy Feet Nursery Food Menu Week 3



2 Course Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Fish Fingers and beans served with wholemeal bread.	Turkey Slices served gravy, potato, sweetcorn and peas	Homemade Savoury Chicken Rice	Homemade Tuna Pasta	Homemade Chicken Soup served with wholemeal bread
Fresh Water	Fresh Water	Fresh Water	Fresh Water	Fresh Water
Small scoop of ice cream	Selection of flavoured yoghurt	Warm Custard served with fresh fruit	Blackcurrant Jelly & Cream	Warm Homemade Fruit Cake

Afternoon Snack

Monday	Tuesday	Wednesday	Thursday	Friday
A selection of sandwiches served with Grapes	Rice cakes and spread served with sultanas and apple	Homemade fairy cake served with fresh seasonal fruit	Warm homemade pancakes served with fresh fruit	Selection of flavoured yoghurts served with banana
Water or Juice	Water or Juice	Water or Juice	Water or Juice	Water or Juice

Breakfast

A selection of different cereals such as Weetabix, Cornflakes and Rice Krispies. Served with milk or water

Morning Snack

Varied throughout the week of a choice of White or Wholemeal bread toasted. Served with a variety of toppings and a selection of seasonal fruits. Served with milk or water

Homemade Fruit Cake Selection

Blueberry
Lemon Drizzle
Apple & Banana
Berry

Sandwich Fillings

Cold Ham
Grated Cheese
Cold Chicken
Pork Luncheon

Vegetarian Options available on request