



Happy Feet Nursery Food Menu Week 2



2 Course Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Onion rings with a salsa dip	Chicken boiled in an onion gravy served with puff pastry and mixed garden vegetables	Garlic Ciabatta	Homemade soup of the day served with a side of wholemeal bread	Pineapple pop
Chilli mince plated with soft steamed rice		Macaroni cheese in fresh pasta shells		
Fresh Water	Bowl of warm custard	Fresh Water	Flavoured Yoghurt	Baked Potato with a choice of beans or tuna, cheese and side salad
				Fresh Water

Afternoon Snack

Monday	Tuesday	Wednesday	Thursday	Friday
Chive crisp bread with a spread of flavoured pate and vegetable batons	Wholemeal filled wrap served with fresh fruit	Rounded bagel topped with spread, cherry tomato and avocado	Cream Crackers with sliced cheese and strawberries	Oat cakes and spread served with fresh oranges and raisins
Water, Juice or Milk	Water, Juice or Milk	Water, Juice or Milk	Water, Juice or Milk	Water, Juice or Milk

Breakfast

A selection of different cereals such as Weetabix, Cornflakes and Rice Krispies. Served with milk or water

Morning Snack

Varied throughout the week of a choice of Wholemeal bread toasted, toasted crumpets, bagels, pancakes or fruit loaf. Served with a variety of toppings and a selection of seasonal fruits. Served with milk or water

Wrap Fillings

Cold Ham
Grated Cheese
Cold Chicken
Pork Luncheon
Tuna

Indian Currys

Korma
Tikka Masala
Boonah
Rogan Josh

Vegetarian Options available on request